COMMUNITY CONNECT TIMETABLE

TUESDAY

- **ESOL Beginners Group 1A 10:00 12:00**English lessons for speakers of other languages.
- A session using crafts and fabrics to make new creations.
- Free Community Lunch 12:00 12:30
 For all our Lighthouse Community.
- Esol Group 2 12:30 14:30

 English lessons for speakers of other languages.
- Smartphone Photography 12:30 2pm
 Look at the world differently through your
 smartphone camera lens, learn tips and
 techniques to enhance your phone's photos.
 -EVERY FORTNIGHT

- **Q** ADULTS ONLY
- **EVERYONE**
- (BABIES IN PRAMS WELCOME)

WEDNESDAY

- Esol Group 3 10:00 12:00

 English lessons for speakers of other languages.
- A fun writing workshop for you to be creative, using different styles of creative writing, designed to fit in with your interests and life experiences. All levels welcome.
- For all our Lighthouse Community.
- Food Pantry 12:30 14:00
 Subsidised food pantry.
- A session to introduce you to different types of arts/crafts from across the world. Encourages creativity and conversation.
- **ESOL Beginners Group 1B 12:30 14:30**English lessons for speakers of other languages.



THURSDAY

Sew & Co 10:00 - 12:00

A practical and creative session to learn basic sewing techniques and recycle and up-cycle clothes and fabrics into new creations.

Singing for Wellbeing 10:30 - 11:30

Boost your wellbeing with a communal sing. All voices welcome.

Enjoy Music 11: 30 - 13:00

A fun and chilled session listening to and discussing music, chosen by you.

Free Community Lunch 13:00 - 13:30

For all our Lighthouse Community

Cooking for Wellbeing 13:30 - 14:30

A social relaxed session to cook a new recipe together each week.

"ALL ACTIVITIES ARE FREE

N.B. - ACTIVITIES MAY CHANGE.
PLEASE VISIT:
WWW.LIVERPOOLLIGHTHOUSE.COM
FOR ANY UPDATES

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